

Our Vision, Our Impact



Every year, over 2000 Australian's are diagnosed with brain cancer. Sadly, brain cancer kills more people under 40 than any other cancer. The five year survival rate for brain cancer is only 22.3 percent and families faced with diagnosis need help navigating the complex road to treatment, financial support and practical assistance. Peace of Mind Foundation is the only organisation of its kind in Australia, helping brain cancer patients with one on one personal support, here and now.

Here are just a few of the impactful achievements since Peace of Mind Foundation began in 2013...

WHO ARE WE?

Australia's largest nationwide brain cancer support charity. Supporting over 700 families every year.

OUR VISION

Every family in Australia impacted by brain cancer will get the support they need.



OUR IMPACT

100

Patients provided with one-off financial assistance annually



420

Families supported to access Government and non-Government funded programs



\$45 M

Funds accessed to support families through Government funded programs



2000

Copies of The Survivorship Diary distributed to brain cancer patients






1500

Patients and families have attended Peace of Mind funded retreats and community events



GET IN TOUCH

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 Peace of Mind Foundation Australia

Peace of Mind Foundation gives support, courage and community to brain cancer patients, their carers, family and loved ones.



AUSTRALIA'S FIRST COMMUNITY BASED BRAIN CANCER SUPPORT NURSE

Peace of Mind Foundation (POMF) is proud to have established Australia's first and only community-based Brain Cancer Support Nurse, providing direct support to those impacted by brain cancer. From point of diagnosis right through to bereavement, this initiative helps patients and families navigate the complexities of living with a brain cancer diagnosis.



A COMMUNITY IN COLLABORATION

We can't do it alone and to expand our efforts, have developed partnerships with many incredible organisations in the brain cancer community. We're committed to working in partnership with others to enhance the wider impact. Peace of Mind has also established close partnerships with many medical facilities across Australia, and regularly engages in seminars and online discussions to help connect vital medical supports with practical patient assistance.

WE CONNECT OUR COMMUNITY

Everyone who is touched by brain cancer in some way has a unique experience. With compassion and empathy, we encourage brain cancer patients and their families to share their stories to help build a greater understanding of brain cancer and encourage the wider community to support and help in our mission.

RESEARCH PROGRAMS

Peace of Mind works in collaboration with a number of research programs through universities across the country to help improve survivorship and quality of life for patients and assist our research community with valuable outcomes. Peace of Mind Foundation also gathers meaningful data around client diagnosis, services engaged and survivorship.

Why we got started...

Peace of Mind Foundation was created in honour of Caroline Matthews who passed away on her 32nd birthday in 2011. Recognising the need to provide supportive care to patients and families impacted by brain cancer, Caroline's husband Clint and his sister Bec founded Peace of Mind. Their vision has made a difference in the lives of so many.



A NATIONAL ADVOCACY SERVICE FOR BRAIN CANCER PATIENTS

In partnership with Cure Brain Cancer, in 2021 Peace of Mind Foundation established the National Advocacy Service, an expert team of Advocates providing practical one on one help and support to patients and carers to access government and community support programs and financial assistance.



A VALUABLE RESOURCE FOR PATIENTS – THE SURVIVORSHIP DIARY

In partnership with Mark Hughes Foundation, Peace of Mind Foundation produce and distribute The Survivorship Diary. This is a practical guide for patients to guide them through the complexities of managing their disease, helps keep track of appointments, medications, and important questions to ask specialists.

FINANCIAL GRANTS TO 100 PATIENTS ANNUALLY

Providing financial aid grants to support families coping with financial stress, including loss of income and unexpected medical expenses that results from a diagnosis.



FUNDING ONLINE COUNSELLING WITH PROFESSIONAL COUNSELLORS

Supporting the brain cancer community with specialised brain cancer support, grief, and loss with 1:1 counselling for patients and carers from diagnosis to bereavement.

BRINGING SMILES AND PEACE – RETREATS AND EVENTS

Recognising the serious impact on the day-to-day wellbeing of our patients and their loved ones is at the core of our work. Offering an opportunity for our community to come together, enjoy some time out from their diagnosis and simply finding happiness in the moment is the aim of our restorative retreats and events.



CHALLENGE BRAIN CANCER – OUR SIGNATURE FUNDRAISER

Our annual community fundraiser brings together teams to work towards a common goal of supporting brain cancer patients. Teams participate in an interactive 'Amazing Race' in Westfield Shopping Centre, fundraising in the lead up to the event.

Like to make a difference?



peace of mind

Brain Cancer Support, here and now.

HERE'S HOW YOU CAN HELP

If you'd like to help us provide vital support and services to over 700 families who reach out to us every year, we'd love to hear from you.



DONATE TO US

We welcome all forms of donations; monetary, gifts and in-kind support – they all make a really important difference. You can make one off donations, monthly donations, or as an organisation you can offer staff the option of regularly donating a small amount from their pay.

VOLUNTEER FOR US

There are many opportunities to help through volunteering your time. You can support a retreat, community event, or help support our National Advocacy Service through research or administrative support.



HOST A FUNDRAISER

Get your friends or workmates together for fundraising events – every dollar counts from quiz nights to office morning teas.

JOIN OUR BOARD OF DIRECTORS

Volunteer your time to help guide the strategic direction of Peace of Mind by offering your expertise to our board of directors.



ENTER A TEAM IN CHALLENGE BRAIN CANCER

Our annual fundraiser brings together teams of 2 to compete in an 'Amazing Race' style event. Solving cryptic clues, completing fun challenges, and raising funds for a very worthy cause. Help us Challenge Brain Cancer.

LEAVE A POWERFUL LASTING LEGACY

There are many ways to help leave a lasting legacy; from bequests to Peace of Mind Foundation, online tribute pages in lieu of flowers and 'in celebration' fundraisers.

SPREAD THE WORD

Help us spread the word to your friends, family, workmates and social media connections.

Share our posts, forward our newsletter to friends or reach out to include some content about Peace of Mind in your workplace newsletter or regular communications.

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