



Annual Report 2023





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As Australia's largest nationwide brain cancer support charity, Peace of Mind Foundation supports over 800 families diagnosed with brain cancer every year.

Our Mission

To give support, courage and community to brain cancer patients, their carers, family and loved ones.

Our Vision

Every family in Australia impacted by brain cancer will get the support they need.

Our Services



National Advocacy Service



Community Brain Cancer Navigators



Counselling & Financial Aid



Retreats & Community Events

Our Impact

100

Patients provided with one-off financial assistance annually.

524

Families supported to access Government and non-Government funded programs.

\$50 M

Funds accessed to support families through Government funded programs.

2500

Copies of The Survivorship Diary distributed to brain cancer patients.

1500

Patients and families have attended Peace of Mind funded retreats and community events.

Joint CEO and Chair Report

In 2023, Peace of Mind celebrated a milestone, marking the 10th year of supporting thousands of brain cancer patients and families across the country.

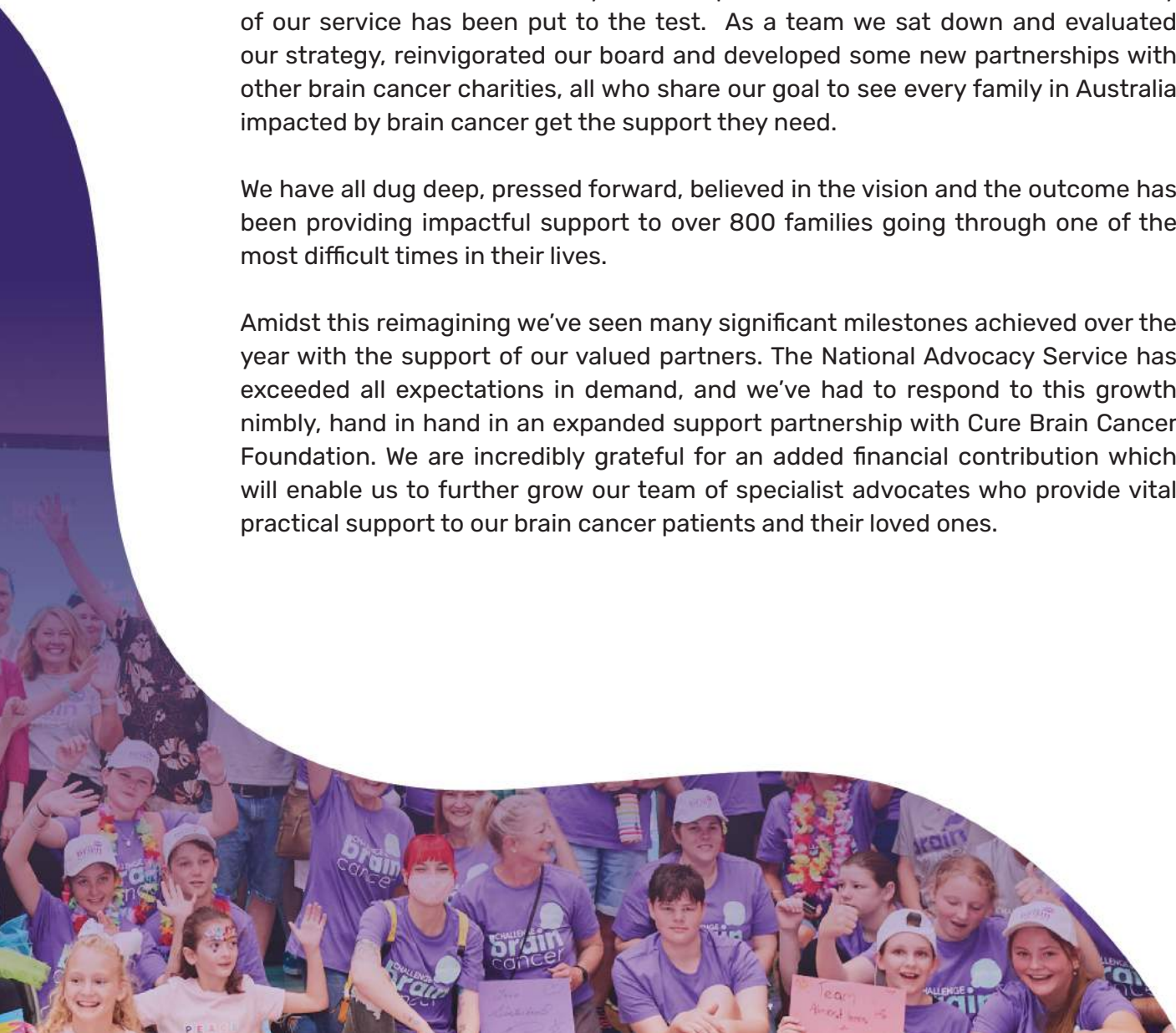
Established to fill a much-needed gap in the support of brain cancer patients, the organisation has evolved to become Australia's leading brain cancer support charity.

Supporting this vision is an incredible team. We started this financial year with six employees, and have expanded rapidly to nine employees – a reflection of the success of our programs and the number of clients connecting to our services. It's wonderful to be able to offer some form of help, but incredibly sad that our organisation is so desperately needed.

The year has certainly not been without its challenges to manage this growth. Our referral rates have increased by over 350 per cent and therefore the sustainability of our service has been put to the test. As a team we sat down and evaluated our strategy, reinvigorated our board and developed some new partnerships with other brain cancer charities, all who share our goal to see every family in Australia impacted by brain cancer get the support they need.

We have all dug deep, pressed forward, believed in the vision and the outcome has been providing impactful support to over 800 families going through one of the most difficult times in their lives.

Amidst this reimagining we've seen many significant milestones achieved over the year with the support of our valued partners. The National Advocacy Service has exceeded all expectations in demand, and we've had to respond to this growth nimbly, hand in hand in an expanded support partnership with Cure Brain Cancer Foundation. We are incredibly grateful for an added financial contribution which will enable us to further grow our team of specialist advocates who provide vital practical support to our brain cancer patients and their loved ones.



We've juggled increased demand with limited resources and again acknowledge the significant contribution of our partnership with Superheroes Foundation. Thanks to their support, this year we've been able to double the number of financial grants distributed to our brain cancer patients experiencing financial hardship because of their diagnosis.

The Survivorship Diary remains a valuable support resource for our patients and families, and we're delighted to have assisted in producing a newly designed edition this year with support from Mark Hughes Foundation, with a remarkable distribution to over 2500 patients already.

Reflecting on how far we've come, we recognise that collaboration has never been more important, and we're committed to supporting research to expand our efforts. Contributing as a member of the steering committee of the Australian Brain Tumour Collaborative has been a highlight. This newly formed alliance formed this year to represent a united voice to advocate to governments, stakeholders, and the brain cancer community to achieve better outcomes for all.

Other notable opportunities arose through participating in the consumer reference group for The Brain Cancer Centre's clinical trials program (Brain - POP) and joining the stakeholder advisory committee for the MRFF funded 'BRAINS' program. An invitation to speak and participate in the global conversation around brain cancer was also a wonderful acknowledgement of our growing reputation, attending the Fifth Biennial World Brain Tumour Summit of Brain Tumour Patient Advocates in Austria, hosted by International Brain Tumour Alliance in June.

2022-2023 has also come with a heavy focus on improving our governance, reviewing all our policies and procedures and ensuring that we are well positioned to continue to be Australia's leading brain cancer support charity long into the future.

We've welcomed a number of new Board members who offer exceptional credentials in governance and senior management, their expertise is highly valued and will help us lead the organisation into the future with new initiatives and strategies with enthusiasm and professionalism. Our sincere thanks to the Board members who have elected to leave Peace of Mind Foundation during the year, your contribution has been very much appreciated.

The ongoing work of Peace of Mind Foundation could never have been possible without the support of each and every single individual, person, community group and not for profit who has chosen to donate to us or fundraise on our behalf. We consider it a privilege to be able to help impact survivorship and quality of life for all of our patients and families diagnosed with this disease.

Carolyn and Bec



“The honour of establishing this amazing organisation goes to our Founder and CEO, Bec Mallet, who was and continues to be instrumental in shaping Peace of Mind into the wonderful organisation it is today.”

**Carolyn De Gois,
Peace of Mind Foundation Chair**



About Us

Peace of Mind Foundation was created in honour of Caroline Matthews who passed away on her 32nd birthday in 2011. Recognising the need to provide supportive care to patients and families impacted by brain cancer, Caroline's husband Clint and his sister Bec founded Peace of Mind Foundation in December 2013.

Customer Charter

We subscribe to [The Brain Tumour Patients' Charter of Rights](#).

We commit to doing our very best to ensure that those seeking our support get access to the support they need.

We create connections and build community, a community that builds courage, maintains hope, listens, affirms and respects the central role each individual and family has in survivorship.



Our Commitment



We will do all we can to support you and help improve your quality of life and survivorship.



We will partner with others to ensure that if we can't achieve what you need others can.



We will be here for you, 'here and now'.



We will provide a prompt and personal response within 48 hours to your calls and emails, and ensure it is easy to contact us.



We will engage with you personally and we will respect your individual circumstances, opinions, cultural diversity, and gender and LGBTIQ+ identity.



We will protect your personal information.



We will provide compassion, empathy, integrity and understanding as we help you navigate your brain cancer pathway.

Partnership Approach

We can't do it alone and to expand our efforts, we have developed partnerships with many incredible organisations in the brain cancer community. We're committed to working in partnership with others to enhance the wider impact and in 2022-23 embraced collaborations with brain cancer research organisations as well as academic and scientific organisations to extend our effectiveness.

Community Health Approach

The support and medical care of brain cancer patients is a vital, specialised need, both in a clinical/hospital setting and in the community. We value the partnerships we have developed with many medical facilities, specialists and practitioners Australia wide to work collaboratively to ensure patients receive the care needed both in the hospital, and at home.

National Advocacy Service

The National Advocacy Service (NAS), developed in collaboration with Cure Brain Cancer has continued to exceed expectations in growth and demand, delivering a vital service to brain cancer patients and their loved ones. Our specialist team of advocates provided one on one help and support to over 450 families in 2022-23 to access government and community support programs as well as counselling care and practical resource tools.



Our Partners

The support of our key partners is vital to the successful operation of Peace of Mind Foundation and in 2022-23 we valued the ongoing support of a number of organisations who are committed to our vision of brain cancer support, here and now.



Cure Brain Cancer Foundation



alliance
PLAN MANAGEMENT



Our Ambassadors

Peace of Mind Foundation Ambassadors have enriched our brain cancer community with their contribution and support. This year we thank our ambassadors for their passion and commitment to helping us raise awareness of the work and goals of our organisation.



Adam Gilchrist AM

Former Australian cricketer



Aesha Scott

TV Personality



Kate Darby

AFLW Player, Geelong Cats



Emily Cooke

Peace of Mind Foundation
Brain Cancer Patient



Allison Cooke

Peace of Mind Foundation
Family and Carer



Elaine Carbines AM

Former Parliamentarian
and Senior Manager



Hugo Long

Patient Story

Brain cancer can strike at any age and sadly in the case of baby Hugo, his diagnosis was discovered at just 11 weeks old. Hugo had a rare and aggressive brain tumour which had limited treatments options and a dire prognosis.

For Hugo's parents Brooke and Ollie, what started as an uncomplicated and happy start to life with a little one, very quickly turned into a nightmare. Hugo was diagnosed with a grade four atypical teratoid rhabdoid tumour (ATRT), it was inoperable and could not be treated with radiation. What followed was a gruelling seven months of intensive chemotherapy, something a tiny baby should never have to endure.

Hugo's tumour has now shrunk by 98 per cent and Brooke and Ollie are incredibly grateful for this result, however the potential for the mass to grow back is unfortunately a very real possibility. Hugo is now home and undergoing a trial drug therapy which is hoped to be the best chance of removing the remaining tumour cells.



"We never dreamed of being hit by brain cancer, especially not our 11 week beautiful baby. Your world completely breaks when you get a brain cancer diagnosis. To try and survive, the harshest of treatments are needed; surgery, chemotherapy and radiation, all completely brutal on someone's cognitive abilities.

It's broken our hearts seeing Hugo battle the toughest battle but we have had Peace of Mind next to us, understanding and supporting in every brutal part of the journey. From speaking to the team who understand our circumstances, counselling services, financial support and to have the advocacy support that has completely changed the course of Hugo's quality of life we will forever be grateful. Brain Cancer has taken so much from Hugo's tiny life, but the support Peace of Mind Foundation has provided to us every step of the way has been amazing, especially in our returning home after frontline treatment."

Brooke and Ollie



Retreats and Community Events

Bringing Comfort and Smiles



Our annual program of retreats and community events was enhanced this year with the inclusion of additional family days in Queensland and New South Wales.

The events recognise the serious impact on the day-to-day well-being of our patients and loved ones, with programs designed to enable participants to take a much-needed break from their diagnosis and meet other people in similar circumstances.

From two-night retreats to action packed and fun-filled family days, these events were designed to bring together our community and simply find happiness in the moment.



Men's Retreat Geelong 2022

"There was nowhere I needed to go and nothing I needed to do, I was able to be at peace and enjoy every moment."

- Sam



**60 Volunteers
Contributed
Their Time**



Bereaved Retreat
Noosa 2022



"I think the highlight was being around people who have shared the journey and understand your grief. To be able to talk so freely in a safe environment about your feelings."
- Rachael



300 Brain Cancer Patients and Loved Ones Attended



Big Day Out
Geelong - Dec '22
Sunshine Coast - Apr '23
Hunter Valley - May '23



National Advocacy Service

Fiona Hassmann, Manager



The last twelve months have been nothing short of amazing. The results that we have achieved for our families are staggering, and the heartfelt thanks that our staff receive on a daily basis is a clear indication of just how grateful the community of brain tumour and brain cancer sufferers are around the country.

What has been an astounding achievement this last year, is the increased engagement with the medical teams in more than 60 hospitals and allied health services. We are engaging now with more than 150 clinicians across all medical fields. There are highly respected Medical Oncologists, Assoc. Professors and Neurosurgeons – all equally referring their patients to our service. It's a true testament to the high necessity of the service, and a true credit to the amazing staff who undertake the roles that they do.

I have spent many hours in the last year, providing presentations to multiple hospital and charity organisations. These presentations provide clarity to clinical teams and providers on the services we are able to offer and the results that we achieve for those families.

We are highly mindful on recruitment, to ensure that staff understand the incredible impact that this work holds, but to equally provide clarity around the trauma that will be faced and the high level of emotional weight that will be likely transferred to them, by our diagnosed families. Our staff continually debrief with each other, provide continual enlightenment to their ability to engage in self care practice and to provide clear insight to their caseloads at any given moment.

A database has been created to capture case-noting and follow up systems with the ability to tag other staff members in comments for action needed. It is a system that is building itself into an amazing resource and reference tool to communicate and have clarity around those clients who are awaiting contact. There is a further capture point in the background, which provides an alert should an active client not be contacted for more than 30 days. It means that we never miss a client, deadline or lose transparency of where the client's needs are at.

This is a magical space that we continue to find ourselves in. With such broad acceptance in so many different directions of those who walk and live with this disease, either clinically based or in our families' homes. We continue to spread through word of mouth and provide incredible outcomes and results which are without doubt making the largest and most positive impact into their lives, with their diagnosis.

This job never gets old, it continues to provide and return the most astounding gift of humility. We are grateful to those at Cure Brain Cancer Foundation, our collaborative partners, who provide us with this opportunity to make huge differences, to the lives of everyday Australians.

The Advocacy Team



**Cure Brain Cancer
Foundation**

524
Total Clients

65%
**with high
grade
tumours**

"My life completely changed when I found out my Mum had Stage 4 Glioblastoma (terminal brain cancer). Everything was scary and on top of dealing with the grief of losing my Mum, I had to organise her care and navigate her treatment. Fiona at Peace of Mind was an angel sent from heaven. As part of the National Advocacy Service, she guided us in figuring out what supports were available and did all the background work in applying for those services. This was all free of charge, and yet her support was like a life raft during the hardest time of my life. I am so grateful to Fiona and the National Advocacy Service for being there for me and my Mum, for offering hope at a time when we felt like we were sinking. Thank you from the bottom of our hearts." - Aislinn

Community Brain Cancer Navigator

Australia's first and only Community Brain Cancer Navigator, Jonathan Muller provides direct support to those impacted by brain cancer. From point of diagnosis right through to bereavement, this vital role helps patients and families navigate the complexities of living with a brain cancer diagnosis.

Community Brain Cancer Navigator Report – Jonathan Muller

Taking some time to reflect upon the year whilst being fortunate to be full time in this role, certain patterns and themes become evident.

The phases of contact falls into broad stages:



1

Meeting people soon after diagnosis and navigating the initially fast-moving activity of radiotherapy and commencing chemotherapy.

2

This is followed by a lull, almost into normalcy and a period of acclimatising, often reported as feeling surreal.

3

The arrival of the dreaded MRI shows disease progression accompanied sometimes by symptoms and physical deterioration.

4

Entering the final phase of bed-based care and death.

5

The bereavement phase of initial shock and shaky re-entry to a new life without a family member.



This role really engages the entire scope of the brain cancer journey. A key strength of the role is that it is not task driven, but instead being faithful to meet people's needs as they present uniquely in every household and at each stage of the process. I increasingly appreciate the value of the role providing a dedicated person delivering continuity of care. This capacity is unique.

I find I have an increasingly honed skill set in the real day-to-day practicalities that fall outside the scope of the health system. It is a real bonus for brain cancer patients and their families. More and more convincingly, I see the enormous benefit of being a physical presence in the household. This is difficult to put into words or categories, however it becomes more evident increasingly towards the end of life where interventions are very limited. This speaks to valuing reassurance, stability, normalcy, care, friendship, attentiveness, experience and willingness.

Firmly based in the community perspective one can observe the reality is that the burden of care is thrust upon the carers and family. I increasingly understand the importance of giving a larger allocation of attention and care to them. The carers need to feel supported in order to support the person at the centre of the experience. It is essential they are seen, recognised and validated. I find it well received when I am able to give them guidance, parameters, boundaries and a sense of what is 'normal' around these extraordinary circumstances.

A day in the life of Jonathan

where no two days are ever the same...

- Meet a family for the first time soon after diagnosis. An opportunity to provide education and answer questions that weren't able to be asked in the fast-paced environment of the hospital setting.
- A phone call from a bereaved carer seeking to understand death certificates and legal processes.
- Visit a family to help identify a enjoyable activity like a weekend away. Guiding them to set a goal and assisting them with some grant money and logistical coordination to make it a reality.
- Meet a carer for a walk in the park to give safe neutral ground to talk over the challenges and realities of caring for their loved one.
- Liaise over the phone with the oncology or palliative team supplying additional information to best coordinate carers.
- En route home drop off some basic equipment and practical pointers for mobilising around the house or making communication clearer in the household.
- Finally, writing up notes and preparing for a presentation or interview before signing off to head to the beach 800m from my home.

Brain Cancer Support Navigator

600

In-home visits to brain cancer patients

26,000

Kilometres travelled





I am continuously grateful to The Hospice Foundation Geelong for funding and supporting my position and allowing me this 'luxury' of time and scope of practice to be of service to people. My acknowledgement and appreciation also goes to the APCO Foundation for covering additional travel expenses for the large distances I travel from The Bellarine, to Greater Geelong and the Surf Coast, stretching down through Colac, Warrnambool, and surrounds.

I look forward to fostering constructive relationships with oncology and palliative teams in Geelong, Bellarine, Colac and South West Victoria. I look forward to collaborating with more organisations in the future to help serve our community.

Jonathan Muller
Brain Cancer Support Navigator



“We are very grateful for Peace of Mind being involved in Doug’s journey. Not long after Doug’s diagnosis Jonathan brought members of our family together as whole unit, this was invaluable. To have someone experienced, yet informal who we could ask any questions of, was unique.

He helped us find our feet in a new reality after Doug’s diagnosis. Being readily available we regarded Jonathan as a ‘go to’. He always had honest answers to our questions in terms that we could understand.

Jonathan felt more like a friend or neighbour popping in. Like one of us. We never felt we had to be dressed or the house tidied up. The information he shared and his ability to navigate was helpful, but it was particularly the conversations it sparked amongst the family that really had an impact upon us.”

Doug’s Family



Challenge Brain Cancer

Peace of Mind Foundation's 'Challenge Brain Cancer' event connected the community with a common goal – to raise funds and awareness for brain cancer support. Now in its second year, our signature fundraising event had 15 teams from the Geelong region participate in an interactive 'Amazing Race' style activity in Westfield Geelong, after fund raising for several months in the lead up to the event.

15

Teams
Completed

\$40K

Raised

'It felt amazing to be part of something big, and to help raise some much needed funds.' – Deb





2500
Diaries
Distributed

The Survivorship Diary

In partnership with Mark Hughes Foundation, Peace of Mind Foundation produce and distribute The Survivorship Diary. This practical guide for patients helps to guide them through the complexities of managing their disease, helps keep track of appointments, medications, and important questions to ask specialists. The Survivorship Diary was redesigned this year and continued to be a highly valued resource for clients and carers.





35
Families
accessed
counselling

Counselling Support

Living with the uncertainty of a serious diagnosis is exceptionally difficult and counselling support is vital to help manage the challenges and isolation faced by patients and carers. This year Peace of Mind Foundation supported 35 families with professional counselling support. The program offered 1:1 counselling with specialised brain cancer support, grief, and loss for patients and carers from diagnosis to bereavement.

Financial Grants

With the support of Superheroes Foundation, we were able to provide financial aid grants to support families coping with financial stress, including loss of income and unexpected medical expenses that results from a diagnosis.

88
Grants
distributed



Financials

Every day of the year, the Peace of Mind Foundation helps in the fight against brain cancer. We give support, courage and community to brain cancer patients, their carers, families and loved ones across Australia. **Providing our services is only possible because of ongoing support from our generous donors, partners, and sponsors.**

For the 2023 financial year, Peace of Mind Foundation prepared a full set of accounts which was independently audited by Davidsons Accountants and lodged with the Australian Securities and Investments Commission. Our statutory accounts are available on request from the Peace of Mind Foundation office.

Peace of Mind Foundation has grown at an extraordinary rate in this last year, achieving over \$217k (35%) growth in revenue year on year which has helped in providing extra programs and services to patients and their families.

Although the organisation has made a deficit this financial year, the board is confident in the team to achieve sustainable growth and surplus in the coming financial years to continue to support the communities affected by brain cancer.



I attended the Men's Retreat with my brother and it was an amazing weekend put on by Peace of Mind Foundation, but also an eye opener on the importance of support for brain cancer patients and their support networks.



Aaron

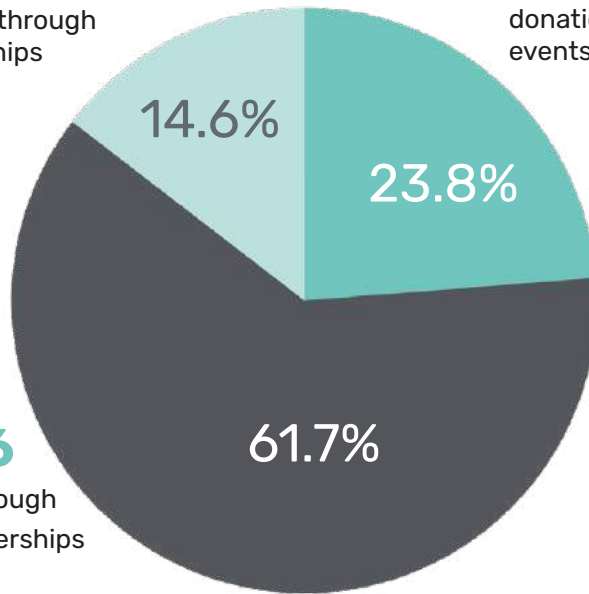
Financial Report

\$120 000

Received through sponsorships

\$195 937

Total funds raised through donations, fundraising, events, and merchandise



\$508 336

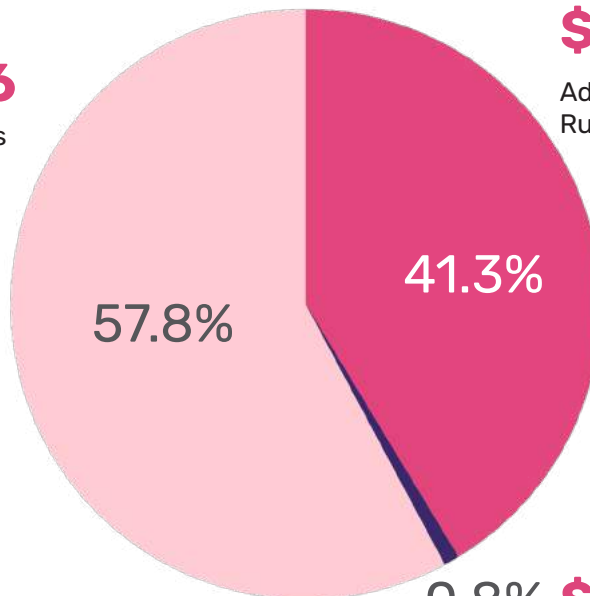
Grants received through philanthropic partnerships

\$538 956

Program & Services Expenditure

\$385 489

Administrative/Running Expenditure



0.8% \$7 834

Fundraising Expenditure

Our People

Board and Governance



Carolyn De Gois - Chair

Carolyn has worked across a variety of high-profile international organisations such as NBN, IBM, BHP and Alcoa, as well as both Federal and State government in senior leadership roles. Carolyn joined the Peace of Mind Board in 2022 as Chair and has been keen to identify opportunities to use her expertise to give back to the brain cancer community. *Commenced September 2022.*



Rebecca Mallett - CEO & Founder

Bec is a driven patient advocate with extensive experience working with families impacted by brain cancer. With a professional background in event management and leadership, and over 15 years of experience working and volunteering in the not-for-profit sector, Bec has used these skills to build Peace of Mind Foundation from the ground up. *Outgoing January 2023*



Ross Burrage

Ross has over 30 years' experience in corporate finance and senior roles. He has held the position of Finance and Sustainability Manager of Cotton On Foundation for the last eight years.



Lauren Inwards

With a professional background as a geologist, Lauren has since moved into business improvement roles within multiple high profile companies within the mining, rail, manufacturing and infrastructure sectors. Her experience includes the implementation of multi-million dollar change projects to coaching, mentoring, improvement methodologies and risk identification. *Commenced March 2023.*



Deb Anderson

Deb is a senior lawyer with Geelong's oldest law firm, Harwood Andrews. A practicing lawyer for more than twenty years, she is accredited by the Law Institute of Victoria as a specialist in wills and estates. *Commenced February 2023.*



Jennifer Freind

Jennifer has extensive experience in strategic communications, working in both the education sector and Federal government. She has a long history of volunteering for community driven organisations, developing skills in both leadership and governance. *Commenced March 2023.*



Ben Birchall

Ben is a partner at SouthSouthWest , a brand innovation consultancy who work with clients such as Google, Nike and ahm Health Management. As a creative leader and content strategist, Ben has worked at global agencies including Clemenger BBDO Melbourne and CHE Proximity.



Melanie Davies

Melanie Davies is a Clinical Nurse Consultant with Barwon Health Palliative Care and has postgraduate qualifications in Oncology and Palliative Care. As well as clinical nursing in community palliative care, Mel is an educator and a resource nurse for Motor Neurone Disease. *Outgoing September 2022.*



Kath Kidd

On completing her degree with a psychology major Kath has worked in the Geelong region for over 30 years assisting the most vulnerable. She continued to do post graduate study in social work and her last professional position of 18 years before retiring as a social worker with the Education Department. *Outgoing January 2023.*



Briony Robertson

Briony is a senior family lawyer with one of Geelong's oldest law firms. Having degrees in both law and psychological science, part of which was completed at the International Institute for Human Rights in Finland, Briony commenced her professional career in Melbourne, where she worked her way up to Senior Associate before moving her practice and life to Geelong. *Outgoing January 2023.*

Our People

Peace of Mind Foundation Team



Rebecca Mallett

CEO & Founder



Kevin Larkins

Community Engagement
Manager



Fiona Hassmann

Manager, National
Advocacy Service (NAS)



Mary Sutton

Client Support
Specialist (NAS)



Helen Kingston

Client Support
Specialist (NAS)



Jonathan Muller

Brain Cancer
Community Navigator



Symone van der Vliet

Events & Fundraising
Manager



Amanda Turner

Marketing Coordinator



Grace Mallinson

Media, Design and
Communications Coordinator



Support,
Courage and
Community
for Families
Impacted by
Brain Cancer



THANK YOU

Our heartfelt thanks to all our supporters, donors and volunteers, we simply could not do all that we do without you!

We value the financial and in-kind contributions from each and every donor and would particularly like to acknowledge these supporters throughout the year.

Abbey Smith – Shaving for Brain Cancer Fundraiser

Ambush Films

Anthony and Alison Caiafa

ANZUK Education Services

Belinda Byrne

Bolinger Family

Bright Sky Services

Brooks Family

Buranda State School

Burns Family

Callaghan Family

Camberwell Primary School - Grade 6 Market Day

Carbines Family

Chase Research Pty Ltd

Christine Frost

Claire Palermo

Coast Print

Compton Green Geelong

Connell Family

Conte Family

Cooke Family

Cooper & Higgins Families

Craig Blake

Croydon Ranges Soccer Club

Dando Family

Debbie and Jeff Reed

Duffy Family

Ray Carman

Envirochem Australia

Falcon GT Club of Geelong
Film Bass Productions
Findlay Family
Fitzgerald Family – Walk for Brain Cancer
FitzMedia
Fyans Park Primary School
Geelong Grammar School
Harptron pty ltd
Hodgson Family
IGA Torquay
Inglewood and Wedderburn locals
Jackie Andrew
Jackson Smith
Jacqui Hunter
Jane Frecheville
JDMC Constructions Team
Josh Malone
Kerswell Family
Knox City FC Veterans
Ladies Who Dine Freshwater Creek
Larkins Family
Lever Family
Ligson Nominees
Lisa Vannin-Smith
Lynn Davis
Makin Memories Linedancers
Malinac Family
Maree Healy
Marie Kladas Photography
Marie-Claude Chapman
McGuane Family

Melton Superrules Football Club
Monsone Families
Naccarata Family
Newbridge Pub
North Brisbane Suzuki Club
North Geelong Cricket Club
Perks Family
Persian Cats and Carpets
Phillip Brittain
Prestige Jayco
Rachel Matthews
Rotary Club of Kardinia Inc
RXL Consulting
Siketa Family
Spano Family
Stephen Kidd
Stephen Mason
Stephen Seear
Stringer Family
Swanson Family
The Cookie Clan
The Wanders
Torquay Toys
Tweedie Family
Union House Operations Pty Ltd
Vishaalakshi Sivasakthi
Vorster Family
Westfield Geelong
White Family

Like to make a difference?

HERE'S HOW YOU CAN HELP

If you'd like to help us provide vital support and services to over 800 families who reach out to us every year, we'd love to hear from you.

DONATE TO US

We welcome all forms of donations; monetary, gifts and in-kind support – they all make a really important difference. You can make one off donations, monthly donations, or as an organisation you can offer staff the option of regularly donating a small amount from their pay.

VOLUNTEER FOR US

There are many opportunities to help through volunteering your time. You can support a retreat, community event, or help support our National Advocacy Service through research or administrative support.



HOST A FUNDRAISER

Get your friends or workmates together for fundraising events – every dollar counts from quiz nights to office morning teas.

JOIN OUR BOARD OF DIRECTORS

Volunteer your time to help guide the strategic direction of Peace of Mind by offering your expertise to our board of directors.



ENTER A TEAM IN CHALLENGE BRAIN CANCER

Our annual fundraiser brings together teams of 2 to compete in an 'Amazing Race' style event. Solving cryptic clues, completing fun challenges, and raising funds for a very worthy cause. Help us Challenge Brain Cancer.

LEAVE A POWERFUL LASTING LEGACY

There are many ways to help leave a lasting legacy; from bequests to Peace of Mind Foundation, online tribute pages in lieu of flowers and 'in celebration' fundraisers.



SPREAD THE WORD

Help us spread the word to your friends, family, workmates and social media connections.

Share our posts, forward our newsletter to friends or reach out to include some content about Peace of Mind in your workplace newsletter or regular communications.

 @peaceofmindfoundation

 @peaceofmindfoundationaustralia

 Peace of Mind Foundation Australia



GET IN TOUCH

www.peaceofmindfoundation.org.au
info@peaceofmindfoundation.org.au

0411 382 457

Brain Cancer in Australia - The Statistics

Demand for Peace of Mind Foundation services has exceeded expectations, and the organisation now provides support in every Australian state and territory.



Approximately 2000 people are diagnosed with brain cancer annually in Australia.

22.3% - five year survival rate for brain cancer.



Since 2013...

800

Families Supported

524

Clients supported by National Advocacy Service



We support patients of all ages

More people **under 40** die from brain cancer than any other cancer.

1325

Service requests

National Advocacy Service supports include:

- Support applying to government services such as NDIS and Centrelink benefits
- Counselling, retreats and financial aid
- General information & advice (online, phone, in-person)



 @peaceofmindfoundation

 @peaceofmindfoundationaustralia

 Peace of Mind Foundation Australia

www.peaceofmindfoundation.org.au

info@peaceofmindfoundation.org.au